Relocation of CAMHS inpatient service

Engagement document

27 May 2014 to 27 June 2014
Introduction

Leicestershire Partnership NHS Trust (LPT) is relocating the specialist inpatient CAMHS (child and adolescent mental health service) currently based at Oakham House on the Towers site. It is proposed that the service will move to Coalville Hospital’s ward 3 by the end of March 2015, following the sale of the current building.

We are proud that the CAMHS inpatient service is seen as an invaluable resource across the East Midlands, dealing with some of the most vulnerable young people with acute mental health needs. The interim move to the well-equipped Coalville Hospital gives us more time and a greater opportunity to think creatively about the type of space we require to best support the young people in our care.

Helen Thompson
Divisional Director for Families, Young People and Children’s Services

Rida Elkheir
Clinical Director for Families, Young People and Children’s Services

Current service

The specialist inpatient service is currently provided in Oakham House, which accommodates up to 10 young people between the ages of 11 - 18 who have mental health issues (info: average age is 15 years). The unit provides assessment, treatment and diagnosis of a range of conditions including, psychosis, depression, anxiety related disorders, eating disorders and learning disability associated with mental health. The unit admits around 70 young people a year from a few days up to several weeks.

Why change is needed

In 2010 Leicestershire Partnership Trust sold Oakham House and the land as part of the Towers Hospital site sale. In 2011 options were identified and considered for the re-location of the unit. The Trust originally proposed to develop a new inpatient unit on the Bradgate site in Glenfield to replace the unit. However, it became clear after Christmas 2013 that despite various changes to these plans, the design of the new building was not affordable. LPT Board members were therefore unable to agree these plans without significant alterations and agreed for the unit to be moved into a temporary location prior to the transfer of the current Oakham House land to the new owners at the end of March 2015.

What is the proposed option?

Two possible alternative temporary sites were looked at by architects, planners and the clinical leaders for the inpatient service. One of these sites was judged to be the most clinically suitable. It was also immediately ready to upgrade and seen to offer a good layout to keep our young people safe and well cared for. It is therefore proposed that our inpatient unit moves to ward 3 at Coalville Hospital. In the meantime LPT will continue to explore a longer term plan for the unit that
delivers improved facilities for privacy and dignity, and more space for therapeutic and educational activities.

Refurbishment work, to make the ward brighter, fit for purpose and clinically safe, will commence in July 2014 and be completed in time for staff and our young people to move in by the end of March 2015. This will include a modular extension that will be joined to Ward 3 to accommodate the school for the unit, and more therapeutic space.

**Why this is the best option**

Currently Oakham House is the only remaining service at the Towers site as all other services have relocated. The staff and building is therefore isolated from other mental health staff and inpatient services, whereas Coalville Hospital is an established inpatient site that offers a supporting infrastructure.

Providing a safe and high quality service for our most vulnerable young people is our top priority. Coalville Hospital is regionally accessible and provides us with a safe and efficient temporary solution as we find a longer-term base.

The Hawthorne Centre is adjacent to the site, and has been providing mental health services for many years. It provides opportunities for mental health trained staff to support the CAMHS inpatient service when required.

This interim move gives us more time and a greater opportunity to think creatively about the type of space we require to best support the young people in our care. We will be working closely with our patients, families, staff and commissioners to explore longer term options.

**Impact on service users**

The regional inpatient service has admitted 65 young people in the last 12 months, with a very small number needing more than one admission (Info: 70 admissions in 13/14 relating 65 young people; 96 admissions relating to 76 young people in 12/13). Most come from Leicester, Leicestershire and Rutland, with 26% of young people coming from other areas in the region such as Derbyshire and Nottinghamshire.

Oakham House is 16 miles from Coalville Hospital; the change in location is recognised to be of concern for some of the people who use our service. Coalville Hospital has good access from the motorway, particularly for regional and county west patients, and the road networks to the city are also good. The hospital has well developed public transport connections to the city with a regular bus service which runs from Monday to Saturday. (Info: buses run from St Margaret’s 7.30am – 11pm every hour and take 48 mins to Coalville; no bus on Sunday).

Looking at the patient data from last year, of the 65 young people that used
our service in 2013, 36 patients would either have had to travel the same distance or less, or no more than 5 miles extra to get to Coalville (9 young people). The remaining 29 patients would have had to travel further. Overall it seems that the county and regional families will benefit from the move, whilst city residents and those from the South East will have further to travel.

**Impact on staff**

The well-being of staff is a priority for the Trust and we acknowledge that some staff may have difficulty getting to this new site; however we are open to ways of helping staff travel to Coalville Hospital. As soon as agreement regarding the move is confirmed every individual will be supported to talk through and discuss the best options for them. We currently have a variety of vacant posts in the Trust and if staff are unable to travel to Coalville, alternative roles will be considered elsewhere.

Disruption will be minimised as much as possible, through good planning and individual conversations. Continuity of care will be sought by recruiting staff early to any vacancies that might result from the move and we are optimistic that we will be able to draw from a wider pool of people as the new location borders a number of different counties.

**Estimated costs**

Ward 3 at Coalville Hospital was previously a ward for older people and requires some refurbishment and alteration to make it suitable for younger patients. LPT are committed to upgrading this ward so that it is a more welcoming, brighter and safer environment. Infrastructure work is needed around the sleeping bays to install toilets and privacy screens. A modular extension will be attached to the ward to create space for the school and additional treatment areas. This will cost around £2 million and will provide a better environment for any future use of the ward once a long term solution for the service is agreed.

**What are the next steps?**

We are seeking views from service users, commissioners and partners on the proposal. Subject to this feedback, and in the absence of another viable alternative, then work will commence on 15 July to prepare the ward ready for its new occupants in March 2015.

**Making sure we consider equalities**

A ‘due regard’ assessment in line with the Equality Act 2010, has been completed, which indicates that this option is unlikely to have a negative impact on people from the groups protected by this legislation. This means that the assessment covered issues such as age, race, gender, maternity, disability, marital or civil
partnership status, sexual orientation, and religion or belief. This assessment is available upon request.

**About this engagement**

If you would like to talk to someone about how this engagement exercise has been put together and delivered, please contact Kamy Basra, Communications Manager by emailing kamy.basra@leicspart.nhs.uk

**How you can give us your views**

You can provide your views by completing the attached form or fill it online at https://www.surveymonkey.com/s/OakhamFeedback; or email your views to OakhamFeedback@leicspart.nhs.uk.

We are also holding two public engagement events:

- **12 June** (9am – 10am/10am – 11am)
  Oakham House
  17 Herongate Road
  Leicester
  LE5 0AW

- **17 June** (4pm – 5pm)
  Coalville Hospital
  Broom Leys Road
  Coalville
  Leicestershire
  LE67 4DE

Register to attend one of these events online at: www.leicspart.nhs.uk/OakhamFeedback.

If you would like us to present this to your group or organisation please get in touch through the above email.

The deadline for feedback is 27 June.

**Thank you...**

Thank you for taking the time to read this document. We hope it gives you a clearer understanding of why we are proposing the temporary re-location of our children and young people’s inpatient mental health service. We are proud to be able to offer this service to the local and regional population. By working together we can help this valuable service evolve, to meet the changing needs of our young people and remain a vital part of your NHS.
Relocation of CAMHS inpatient service: Questionnaire

You can attach additional sheets if you need more space.

Q1. Have you used or come into contact with the CAMHS inpatient service over the last 12 months?
   □ Yes □ No

Q2. About you – please tick which statement most reflects you.
   □ I am a service user or relative of a service user
   □ I am a member of staff
   □ I am a professional that has referred to the service or worked with the service
   □ I am another type of stakeholder. Please specify .................................................................

Q3. What are your views on the proposal?
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   ........................................................................................................................................................
   ........................................................................................................................................................

Q4. If you believe that there is a preferable alternative option that would allow the service to safely move by 31st March 2015 then please provide details below?
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   ........................................................................................................................................................
   ........................................................................................................................................................
Q5. If you would you like to comment further on ways to improve the CAMHS inpatient service for the future, or have ideas for longer term solutions for providing this service, please share these comments here.

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Please tell us about yourself (strictly confidential)

Leicestershire Partnership NHS Trust recognises and actively promotes the benefits of diversity and is committed to treating everyone with dignity and respect regardless of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex (gender) or sexual orientation. To ensure that our services are designed for the population we serve, we would like you to complete the short monitoring section below. The information provided will only be used for the purpose it has been collected for and will not be passed on to any third parties.

Data Protection Statement - All information will be kept strictly confidential and in accordance with the Data Protection Act 1998 and associated protocols.

<table>
<thead>
<tr>
<th>What is your postcode?</th>
<th>The first four letters/numbers of your postcode will help us understand where services may need to be directed (we will not be able to identify your address from this)</th>
</tr>
</thead>
<tbody>
<tr>
<td>First part of postcode eg, LE12</td>
<td>I’d prefer not to say</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>What is your date of birth?</th>
<th>Please complete your date of birth – just the month and year</th>
</tr>
</thead>
<tbody>
<tr>
<td>M M Y Y Y Y I’d prefer not to say</td>
<td></td>
</tr>
</tbody>
</table>

Please (✔) the relevant box under each equality question.
Please (✓) the relevant box under each equality question.

### What is your current relationship status?
Please choose one option that best describes your relationship status:

<table>
<thead>
<tr>
<th>Relationship Status</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single</td>
<td>In a relationship</td>
</tr>
<tr>
<td>Married/Civil Partnership</td>
<td>Separated</td>
</tr>
<tr>
<td>Widowed/Surviving Civil Partner</td>
<td>Other</td>
</tr>
<tr>
<td></td>
<td>I’d prefer not to say</td>
</tr>
</tbody>
</table>

### What is your gender/sex?

<table>
<thead>
<tr>
<th>Gender</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
</tr>
<tr>
<td>Female</td>
</tr>
<tr>
<td>I’d prefer not to say</td>
</tr>
</tbody>
</table>

### Have you gone through any part of a process (including thoughts or actions) to change from the sex you were described as at birth to the gender you identify with, or do you intend to? (This could include changing your name, wearing different clothes, taking hormones or having gender reassignment surgery)

<table>
<thead>
<tr>
<th>Process Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
</tr>
<tr>
<td>I’d prefer not to say</td>
</tr>
</tbody>
</table>

### What is your sexual identity/orientation?
Please choose one option that best describes how you think of yourself:

<table>
<thead>
<tr>
<th>Identity/Orientation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heterosexual / Straight</td>
</tr>
<tr>
<td>Gay / Lesbian</td>
</tr>
<tr>
<td>Bisexual</td>
</tr>
<tr>
<td>Other</td>
</tr>
<tr>
<td>I’d prefer not to say</td>
</tr>
</tbody>
</table>
Do you look after, or give any help or support to family members, friends, neighbours or others because of either

<table>
<thead>
<tr>
<th>Long-term physical or mental-ill-health/disability</th>
<th>Problems related to old age</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>I'd prefer not to say</td>
<td>Other, please describe:</td>
<td></td>
</tr>
</tbody>
</table>

Are your day-to-day activities limited because of a health condition or illness which has lasted, or is expected to last, at least 12 months? (Please select all that apply)

- Vision (such as due to blindness or partial sight)
- Hearing (such as due to deafness or partial hearing)
- Mobility (such as difficulty walking short distances, climbing stairs)
- Dexterity (such as lifting and carrying objects, using a keyboard)
- Ability to concentrate, learn or understand (Learning Disability/Difficulty)
- Memory
- Mental ill-health
- Stamina or breathing difficulty or fatigue
- Social or behavioural issues (for example, due to neuro diverse conditions such as Autism, Attention Deficit Disorder or Aspergers’ Syndrome)

No

I'd prefer not to say

Any other condition or illness, please describe:

What is your ethnic group?
Please choose one option that best describes your ethnic group or background?

| White
| English/Welsh/Scottish/Northern Irish/British |
Irish
Gypsy or Irish Traveller
Any other White background, please describe:

**Mixed/multiple ethnic groups**
White and Black Caribbean
White and Black African
White and Asian
Any other mixed/multiple ethnic background, please describe:

**Asian/Asian British**
Indian
Pakistani
Bangladeshi
Any other Asian background, please describe:

**Black/African/Caribbean/Black British**
African
Caribbean
Any other Black/African/Caribbean background, please describe:

**Chinese**
Chinese

**Other ethnic group**
Arab
Any other ethnic group, please describe:
I’d prefer not to say

**What is your religion?**
Please choose one option that best describes your religious identity?

<table>
<thead>
<tr>
<th>No religion</th>
<th>Christian (including Church of England, Catholic, Protestant and all other Christian denominations)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buddhist</td>
<td>Hindu</td>
</tr>
<tr>
<td>Muslim</td>
<td>Sikh</td>
</tr>
<tr>
<td></td>
<td>Jewish</td>
</tr>
<tr>
<td></td>
<td>Baha’i</td>
</tr>
</tbody>
</table>
Any other religion, please describe:

<table>
<thead>
<tr>
<th>What is your main language?</th>
<th>Please choose one option used for communicating and interpreting information?</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>Arabic</td>
</tr>
<tr>
<td>BSL (British Sign Language)</td>
<td>Chinese</td>
</tr>
<tr>
<td>Gujarati</td>
<td>Hindi</td>
</tr>
<tr>
<td>Polish</td>
<td>Portuguese</td>
</tr>
<tr>
<td>Slovak</td>
<td>Somali</td>
</tr>
<tr>
<td>Urdu</td>
<td>Turkish</td>
</tr>
</tbody>
</table>

Any other preferred language, please describe:

The free postal address for your responses is as below (please return by 27 June 2014):
RSUL-LSXC-AGJU
Helen Thompson
Leicestershire Partnership NHS Trust
Lakeside House
4 Smith Way
Grove Park
Enderby
Leicestershire LE19 1SS

A summary of responses to the engagement will be available by 11 July on www.leicspart.nhs.uk or you can request it via email at communications@leicspart.nhs.uk or by post to the above address.
If you need this information in another language or format please telephone 0116 295 0994 or email: Patient.Information@leicspart.nhs.uk

Arabic
إذا كنت في حاجة إلى قراءة هذه المعلومات بلغة أخرى أو بتنسيق مختلف، يرجى الاتصال بهاتف رقم 0116 295 0994 أو إرسال Patient.Information@leicspart.nhs.uk بريد إلكتروني إلى.

Bengali
যদি এই তথ্য অন্য ভাষায় বা ফরমেটে আপনার সুবিধায় হয় তাহলে যে কোন রূপ থেকে করুন 0116 295 0994 নম্বরে কনেকশন করুন বা Patient.Information@leicspart.nhs.uk ই-মেইল করুন।

Traditional Chinese
如果您需要將本資訊翻譯為其他語言或用其他格式顯示，請致電 0116 295 0994 或發電子郵件至: Patient.Information@leicspart.nhs.uk

Gujarati
જે તમારી ભાષા માટે અધિક સુધારા થાય તો આ ફોર્મેટમાં ફોલ્ડરમાં કોણ કોણ તથા 0116 295 0994 પર ટેલિફન કરો અથવા Patient.Information@leicspart.nhs.uk પર ઇ-મેઇલ કરો.

Hindi
बंगाली भाषा में यह जानकारी अन्य भाषा में या अन्य रूप में देना चाहिए है तो कूपल में 0116 295 0994 पर हुई फोन करें या Patient.Information@leicspart.nhs.uk पर हुई ई-मेल करें.

Polish
Jeżeli są Państwo zainteresowani otrzywaniem niniejszych informacji w innym języku lub formacie, prosimy skontaktować się z nami telefonicznie pod numerem 0116 295 0994 lub za pośrednictwem poczty elektronicznej na adres: Patient.Information@leicspart.nhs.uk

Punjabi
ਨੇ ਕੁਝੋਂ ਦੀ ਨਿਕਾਲ ਕੱਢਣ ਦੀ ਭਾਵਨਾ ਅਨੁਸਾਰ ਸੂਚੀ ਮੁਕਾਬਲਾ ਦੀ ਸ੍ਰੇਣੀ ਤੇ ਅਨੁਸਾਰ ਕੱਢਣ ਵਾਲੇ 0116 295 0994 ਨੇ ਟ੆ਲੀਫ਼ਨ ਵਰੋ ਸੁਣ ਧੀ ਟਿਪਣੀ ਵਰੋ Patient.Information@leicspart.nhs.uk

Somali
Haddii aad rabto in aad warbixintan ku hesho luoq ama nuskhad kale fadlan soo wac lambarka 0116 295 0994 ama email u dir: Patient.Information@leicspart.nhs.uk

Urdu
اگرآپ کو یہ معلومات کسی اورپر میں صورت میں درکار ہوں تو پہلا کرے کرے اور 0116 295 0994 پر رہے قانون کریے یا Patient.Information@leicspart.nhs.uk پر رہے ایمیل کریں.